# Chichester Vulcans Health and Safety Policy Statement

Chichester Vulcans Handball Club is strongly committed to encouraging our members to take part in the activity of Handball, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability.

### **HEALTH AND SAFETY POLICY:**

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy, as well as the club's insurance cover policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members. (Please see relevant risk assessments provided).
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

### AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- Tell your coach/captain of any potential injuries or concerns immediately whether in a game, at training or outside of either of these.

## **CLUB HEALTH AND SAFETY OFFICER:** James Chadburn

FIRST AID: Location of first aid facilities: Side of the Sports Hall – if unsure always ask the coach

Location of telephones: Lead Coach or Captain present at game/training

# QUALIFIED FIRST AIDERS:

- James Chadburn
- Dan Hurst